

## 1. MONOLOGUE

## PIRMOJO POROS KANDIDATO

*Time:* 3–4 minutes

*Topic:* **Food & Culture**

*Task:* Read the statement and answer the questions below.

**Food choices are often shaped more by routine and cultural habits than by conscious awareness, even when people believe they are making independent decisions.**

- What is your reaction to the content of the statement? Justify your answer by explaining why.
  - Why does awareness of diet and nutrition not always lead to changes in eating habits, and how serious do you think this problem is?
  - How can young people be encouraged to make more thoughtful food choices, and what might determine whether these approaches are successful?
- ❖ *Additional question: Do you think globalisation is changing food culture? Why or why not?*

**1. MONOLOGUE****ANTROJO POROS KANDIDATO**

*Time:* 3–4 minutes

*Topic:* **Skills & Success**

*Task:* Read the statement and answer the questions below.

**Many successful people believe that the proverb “practice makes perfect” illustrates one of the most important principles in life.**

- What is your reaction to the content of the statement? Justify your answer by explaining why.
  - Why do some young people believe that practical training or work experience can be more valuable than university education?
  - How can people develop a good balance between academic knowledge and practical skills, and why do you think this balance is important for success?
- ❖ *Additional question: Which skills do you think will be most important in the future? Why?*

**2. DIALOGUE****KANDIDATŲ POROS**

*Time:* 4–5 minutes

*Topic:* **Constant Notifications: Staying Informed or Information Overload?**

*Situation:* Together with your partner, you are taking part in a creative lab for young content creators. You are working to prepare an educational podcast that addresses the topic above and why it is relevant to your generation. The podcast should last ten minutes and offer practical and convincing advice.

*Task:* In your discussion, exchange the following information:

- consider why the topic matters,
- explore **both** perspectives on the topic,
- agree on at least one piece of advice young people could follow, and justify why this advice would be helpful.

*Candidate 1 starts the conversation.*